

Pre-Conference Workshops, Friday, February 24, 2023 9:30AM - 4:30PM									
For The Love Of Honey: Hands-On Beekeeping 101 with Oxx Simeina									
Cherokee Traditional Ecological Knowledge with Tyson Sampson and Amy Walker									
Regenerative Soils: Practices, Indicators, and Measurement with Russell Hedrick									
30th Annual OGS Spring Conference, Weekend Schedule									
Track Name	Saturday, February 25				Sunday, February 26				
	9:00 - 10:30	11:00 - 12:30	2:30 - 4:00	4:30 - 6:00	9:00 - 10:30	11:00 - 12:30	2:30 - 4:00	4:30 - 6:00	
Cooking	Puerto Rican Food As Medicine <i>Brandon Ruiz</i>	Traditional Foods of The Cherokee People <i>Tyson Sampson</i>	The Local Home Kitchen <i>Sunil Patel</i>	Magical Mead Making <i>Marissa Percoco</i>	Puerto Rican Food As Medicine <i>Brandon Ruiz</i>	Traditional Foods of The Cherokee People <i>Tyson Sampson</i>	The Local Home Kitchen <i>Sunil Patel</i>	Magical Mead Making <i>Marissa Percoco</i>	
Farming - Business	Farm Financials <i>Gabriele Marewski</i>	Holistic Decision Making <i>Noah Poulos</i>	v The Stories We Tell <i>Meredith Leigh</i>	Farm Succession Planning <i>Andrew Branan</i>	Farm Financials <i>Gabriele Marewski</i>	Holistic Decision Making <i>Noah Poulos</i>	v Finding Your Outlet (Panel) <i>D. Bryant, H. Jeske, N. Listo, V. Roddy</i>	Farm Succession Planning <i>Andrew Branan</i>	
Farming - Production	Amendments From A To Z <i>Jason Roland</i>	52 Weeks Of Harvest <i>Joannee DeBruhl</i>	The Good, The Bad, And The Bugly <i>P. Battle & R. MacDonald</i>	Profitable Seed Growing <i>Chris Smith</i>	Amendments From A To Z <i>Jason Roland</i>	52 Weeks Of Harvest <i>Joannee DeBruhl</i>	The Good, The Bad, And The Bugly <i>P. Battle & R. MacDonald</i>	Profitable Seed Growing <i>Chris Smith</i>	
Food Justice	Alternative Strategies for Land Access <i>Duron Chavis</i>	v Coops In WNC (Panel) <i>D. Jovel, S. Patel, L. Regensburger, S. Johnson</i>	Reparations And Ancestral Stories <i>Ayotunde & fél marquez</i>		Alternative Strategies for Land Access <i>Duron Chavis</i>	v Patchwork Hubs <i>Sunil Patel</i>	Reparations And Ancestral Stories <i>Ayotunde & fél marquez</i>		
Forest Farming	A Beginner's Guide To Forest Farming <i>David Brown</i>	Assessing Sites For Forest Farming <i>John Munsell</i>	Advanced Woodland Botanicals <i>Jeanine Davis</i>	Fungi On The Forest Farm <i>Chris Parker</i>	A Beginner's Guide To Forest Farming <i>David Brown</i>	Assessing Sites For Forest Farming <i>John Munsell</i>	Advanced Woodland Botanicals <i>Jeanine Davis</i>	Fungi On The Forest Farm <i>Chris Parker</i>	
Gardening	Intro To Seed Saving <i>Leeza Regensburger</i>	Grow This, Not That! <i>Chris Smith</i>	Caribbean Crops in the Carolinas <i>Brandon Ruiz</i>	Bright FRUITures <i>Craig Mauney</i>	Intro To Seed Saving <i>Leeza Regensburger</i>	Grow This, Not That! <i>Chris Smith</i>	Caribbean Crops in the Carolinas <i>Brandon Ruiz</i>	Bright FRUITures <i>Craig Mauney</i>	
Herbs	Southern Folk Medicine <i>Brit Hessler</i>	Herbal Basics for All <i>Patricia Kyritsi Howell</i>	My Cup Of Tea <i>Chelsea Hall</i>	Mind, Body, Spirit Medicine <i>Jamie Marie Spears</i>	Herbal Landscapes <i>Juliet Blankespoor</i>	Herbal Basics for All <i>Patricia Kyritsi Howell</i>	My Cup Of Tea <i>Chelsea Hall</i>	Mind, Body, Spirit Medicine <i>Jamie Marie Spears</i>	
Holistic Forestry	Forestry Consulting <i>Sam Cook</i>	Woody Ethnobotany <i>Marc Williams</i>	Love, Nature, And Magic <i>Maria Rodale</i>	Prescribed Fire <i>Shawn Swartz</i>	Forestry Consulting <i>Sam Cook</i>	Woody Ethnobotany <i>Marc Williams</i>	Love, Nature, And Magic <i>Maria Rodale</i>	Prescribed Fire <i>Dakota Wagner</i>	
Livestock & Poultry	Multi-Species Rotational Grazing <i>Tim Burke</i>	For Goat's Sake <i>Chris Owen</i>	Backyard Poultry (Half-day) <i>Meagan Coneybeer</i>		Multi-Species Rotational Grazing <i>Tim Burke</i>	For Goat's Sake <i>Chris Owen</i>	Backyard Poultry (Half-day) <i>Meagan Coneybeer</i>		
Living on the Land	Intro to Home Canning <i>Ashley English</i>	Homemade Probiotics <i>Lawrence Seals</i>	Cultivating Crafts <i>Alyssa Sacora</i>	Native Plants For The Vegetable Garden <i>Adam Bigelow</i>	Intro to Home Canning <i>Ashley English</i>	Homemade Probiotics <i>Lawrence Seals</i>	Cultivating Crafts <i>Alyssa Sacora</i>	Native Plants For The Vegetable Garden <i>Adam Bigelow</i>	
Mushrooms	Frugal Fungus Farming <i>Meagan Deaton</i>	Medicinal Mushrooms <i>Chris Parker</i>	Ethical Mushroom Foraging <i>Stesha Warren</i>	Fundamentals of Mycoremediation <i>Shannon Phillips</i>	Frugal Fungus Farming <i>Meagan Deaton</i>	Medicinal Mushrooms <i>Chris Parker</i>	Ethical Mushroom Foraging <i>Stesha Warren</i>	Fundamentals of Mycoremediation <i>Shannon Phillips</i>	
Permaculture	Design For Zone Zero <i>Luke Costlow</i>	Closing The Loop: DIY Feed <i>Billy Bond</i>	Meadows In The Margins <i>Nathan Buchanan</i>	Pathways To Whole Systems Connections <i>Jim Smith</i>	Design For Zone Zero <i>Luke Costlow</i>	Closing The Loop: DIY Feed <i>Billy Bond</i>	Meadows In The Margins <i>Nathan Buchanan</i>	Pathways To Whole Systems Connections <i>Jim Smith</i>	
Pests & Pollinators	Planting For Pollinators <i>Spriggly's Beescaping</i>	Milkweed And Monarchs <i>V. Sealock & J. Hott</i>	Natural Pest Management <i>Joshua Arnold</i>	Building Bee Boxes <i>Angie Lavezzo</i>	Planting For Pollinators <i>Spriggly's Beescaping</i>	Milkweed And Monarchs <i>V. Sealock & J. Hott</i>	Natural Pest Management <i>Joshua Arnold</i>	Building Bee Boxes <i>Angie Lavezzo</i>	
Soils	Nurturing The Soil Food Web <i>Troy Hinke</i>	Practical Soil Carbon Management <i>Laura Lengnick</i>	Soil Health Principles In Action <i>Mark Dempsey</i>	Techniques Of Natural Farming <i>Geoff Hartnell</i>	Nurturing The Soil Food Web <i>Troy Hinke</i>	Practical Soil Carbon Management <i>Laura Lengnick</i>	Soil Health Principles In Action <i>Mark Dempsey</i>	Techniques Of Natural Farming <i>Geoff Hartnell</i>	
Sustainable Living	This Is Not A Drill! Tool Use And Repair <i>Stanton Pearson</i>	Harvesting Rainwater <i>Dan Hettinger</i>	Intro To DIY Solar <i>Keenan Phillips</i>	Invasives in Native Culture <i>Nancy Basket</i>	This Is Not A Drill! Tool Use And Repair <i>Stanton Pearson</i>	Harvesting Rainwater <i>Dan Hettinger</i>	Intro To DIY Solar <i>Keenan Phillips</i>	Invasives in Native Culture <i>Nancy Basket</i>	
Half-day Workshops									
Saturday, February 25				Sunday, February 26					
9:00 - 12:30		2:30 - 6:00			9:00 - 12:30		2:30 - 6:00		
Cooperative Agroforestry <i>Justin Holt</i>		Land Design: Creating Base Maps <i>Anna Cifaldo</i>			Cooperative Agroforestry <i>Justin Holt</i>		Land Design: Creating Base Maps <i>Anna Cifaldo</i>		
Kitchen Sink Fermentation <i>Soirée-Leone & Meredith Leigh</i>		Year-Round Vegetable Gardening <i>Ira Wallace & Pam Dawling</i>			Kitchen Sink Fermentation <i>Soirée-Leone & Meredith Leigh</i>		Year-Round Vegetable Gardening <i>Ira Wallace & Pam Dawling</i>		
Invasive Vine Basketry <i>Nancy Basket</i>		Evergreen Explorations: Teas, Tonics, and Tricks <i>Almeta Tulloss</i>			Invasive Vine Basketry <i>Nancy Basket</i>		Evergreen Explorations: Teas, Tonics, and Tricks <i>Almeta Tulloss</i>		
Biochar For Soil And Planet <i>Alex Gray</i>		Intro to Spirulina Cultivation <i>William Padilla-Brown</i>			Biochar For Soil And Planet <i>Alex Gray</i>		Intro to Spirulina Cultivation <i>William Padilla-Brown</i>		

v = anomaly in schedule