# Spring Conference Live Kick-off Event Schedule

**Saturday, March 13, 2021 - Live via Whova Events, Stream From Anywhere!**  
$20 for Live Kick-off Event; 30+ hours of workshop content in 10 Themed Tracks Purchased Separately

<table>
<thead>
<tr>
<th>Time</th>
<th>Event Description</th>
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<tbody>
<tr>
<td><strong>8:00AM - 10:00AM</strong></td>
<td><strong>VIRTUAL HELP DESK</strong></td>
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| **9:00AM - 9:35AM** | **GROWING FOOD, PEOPLE & COMMUNITY**  
**with RASHID NURI** |
| **9:35AM - 10:50AM** | **TRACK TEASER VIDEOS**  
**CHEROKEE FOODS**  
Gathering Wisdom & Sustenance from the Appalachians  
**COOKING**  
Meat On the Side • Non-Alcoholic Fermented Beverages • Rainbow Salad  
**FARMING**  
Finding Farm Flexibility • Forest Farming • Farm Tools & Ergonomics |
| **10:50AM - 11:15AM** | **COFFEE BREAK**  
VISIT OUR LIVE EXHIBIT HALL BOOTHS & VIRTUAL HELP DESK |
| **11:15AM - 11:45AM** | **TRACK TEASER VIDEOS**  
**FOOD SYSTEMS**  
Discover Your Local Foodshed • Fitting Into the Food System • Local Food Impact  
**GARDENING**  
Gardening For Resilience • Gardening Victoriously • The Seed Garden  
**HERBS**  
Herbs for Oral Health • Seed to Sip • Botanical Skincare  
**LIVESTOCK**  
Grazing Beef Cattle • Makin’ The Bacon • Shepherding in the Mountains |
| **11:45AM - 12:05PM** | **LUNCH SPECIAL FEATURES**  
VISIT OUR LIVE EXHIBIT HALL BOOTHS & VIRTUAL HELP DESK  
**POEMS FROM THE GARDEN**  
with ROSS GAY  
**YOGA FOR GROWERS**  
with CERA SCHERMS |
| **1:00PM - 1:30PM** | **THE ORGANIC QUESTION: AGRARIAN TRANSITIONS & THE FUTURE OF FAMILY FARMING**  
**with ERIC HOLT-GIMENEZ** |
| **1:30PM - 2:30PM** | **BREAKOUT SESSIONS**  
BREAKOUT #1  
BREAKOUT #2  
BREAKOUT #3 |
| **2:30PM - 2:50PM** | **AFTERNOON BREAK**  
VISIT OUR LIVE EXHIBIT HALL BOOTHS & VIRTUAL HELP DESK |
| **2:50PM - 3:10PM** | **TRACK TEASER VIDEOS**  
**MUSHROOMS**  
Mushroom Cultivation for Everyone • Mushroom ID & Foraging Practices • Innovations in Mushroom Farming  
**PERMACULTURE**  
Basics of Permaculture Design • Permaculture Principles • Regenerative Landscapes  
**SOILS**  
Soils 101 • Restoring the Life in Our Soils • A Grower’s Guide to Soil Test Interpretation  
**SUSTAINABLE LIVING**  
DIY Solar Power • Seed Selection & Crop Diversity for a Changing Climate • Super Organism |
| **3:10PM - 4:10PM** | **LIVE KEYNOTE Q&A**  
**with RASHID NURI, SAMANTHA FOXX, & ERIC HOLT-GIMENEZ** |
| **4:10PM - 5:00PM** | **OPEN ZOOM SOCIAL** |