Materia Medica

A Modern Herbal - Volumes 1 & 2  Mrs. M. Grieve
A Reference Guide to Medicinal Plants  John Grellin and Jane Philpott
The Book of Herbal Wisdom  Matthew Wood
Botanical Safety Handbook  American Herbal Products Association (AHPA)
The Energetics of Western Herbs – Volume 1 & 2  Peter Holmes
Gerard’s Herball  John Gerard
Healing Spices  Bharat B. Aggarwal

King’s American Dispensatory - Volumes 1 & 2  Harvey Felter & John Lloyd
Medicinal Plants of the World  Ben-Erik van Wyk and Michael Wink
Mind Altering and Poisonous Plants of the World  Ben-Erik van Wyk and Michael Wink
Spice Apothecary  Bevin Clare

Traditional Chinese Medicine and Five Phase Theory

Chinese Herbal Patent Formulas  Jake Fratkin, PHD
Chinese Medicine for Beginners, Use the Power of the Five Elements to Heal the Body and the Soul  Achim Eckert, M.D.
Chinese Traditional Herbal Medicine: Materia Medica and Herbal Resource: Volume 2  Michael & Lesley Tierra
Chinese Herbal Medicine Materia Medica  Dan Bensky & Andrew Gamble
Diagnosis in Traditional Chinese Medicine  Ping Chen, CMD, OMD

Dragon Rises, Red Bird Flies: Psychology and Chinese Medicine  Leon Hammer, M.D.
Healing With Whole Foods: Oriental Traditions and Modern Nutrition  Paul Pitchford
Outline Guide to Chinese Herbal Patent Medicines  Margaret A. Naeser

The Herbs of Life: Health and Healing Using Western & Chinese Techniques  Lesley Tierra
The Way of Chinese Herbs  Michael Tierra
The Web That Has No Weaver: Understanding Chinese Medicine  Ted J. Kaptchuk, OMD

Traditional Acupuncture: The Law of the Five Elements  Dianne M. Connelly, PHD

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General Reference

Adaptogens in Medical Herbalism  Donald R. Yance

Alchemy of Herbs: Transform Everyday Ingredients into Foods & Remedies that Heal  Rosalie De La Foret

Differential Diagnosis of Common Complaints  Robert Seller and Andrew Symons

Herbal Contraindications & Drug Interactions, Plus Herbal Adjuncts with Medicines-Expanded Fourth Edition  Francis Brinker

Herbal Medicine from the Heart of the Earth  Dr. Sharol Marie Tilgner

Modern Herbal Medicine  Steven Horne and Thomas Easley

Staying Healthy With Nutrition  Elson M. Haas M.D.

Women’s Health

Botanical Medicine for Women’s Health  Aviva Romm

The Wise Woman Herbal for the Childbearing Year  Susun S. Weed.

Women’s Encyclopedia of Natural Medicine: Alternative Therapies and Integrative Medicine for Total Health & Wellness  Tori Hudson, ND

Women’s Herbs, Women’s Health  Christopher Hobbs and Kathie Keville

Men’s Health

The Male Herbal: The Definitive Healthcare Book for Men and Boys (Second edition)  James Green

Children & Babies

An Encyclopedia of Natural Healing for Children & Infants  Mary Bove, ND
Naturally Healthy Babies and Children: A Commonsense Guide to Herbal Remedies, Nutrition & Health  Aviva Romm
Nature’s Children  Juliette de Bairacli Levy

Aromatherapy

Aromatherapy for Healing the Spirit  Gabriel Mojay
Aromatherapy for Practitioners  Ulla-Maija Grace
The Encyclopedia of Essential Oils  Julia Lawless
The Practice of Aromatherapy  Jean Valnet
Subtle Aromatherapy  Patricia Davis

Animals

The Complete Herbal Handbook for Farm and Stable  Juliette de Bairacli Levy
Dr. Pitcairn’s Complete Guide to Natural Health for Dogs & Cats  Richard H. Pitcairn and Susan Hubble Pitcairn
Herbs for Pets: The Natural Way to Enhance Your Pet’s Life  Gregory Tillford & Mary Wulff
Manual of Natural Veterinary Medicine: Science & Tradition  Susan G. Wynn & Steve Marsden

Appalachian Field Guides and References

A Field Guide to the Trees and Shrubs of the Southern Appalachians  Robert E. Swanson
Appalachian Wildflowers: An Ecological Guide to Flowering Plants from Quebec to Georgia  Thomas A. Hemmerly
Guide to the Vascular Plants of the Blue Ridge  Eugene B. Wofford
How to Identify Plants  H. D. Harrington & L. W. Durrell
Identifying and Harvesting Edible & Medicinal Plants in Wild (and Not So Wild) Places  “Wildman” Steve Brill, Evelyn Dean
Medicinal Plants of the Mountain West  Michael Moore
Medicinal Plants of the Pacific West  Michael Moore
Medicinal Plants of the Desert and Canyon West  Michael Moore
Medicinal Plants of the Southern Appalachians  Patricia Kyritsi Howell
Native Orchids of the Southern Appalachian Mountains  Stanley L. Bentley
Native Trees of the Southeast: An Identification Guide  L. Katherine Kirkman, Claud L. Brown & Donald J. Leopold
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Plant Identification Terminology: An Illustrated Glossary  James G. Harris and Melinda Woolf Harris
Plants of the Southern and Mid-Atlantic States A  Ian S. Weakley (Available only as a free PDF download from: http://www.herbarium.unc.edu/flora.htm)
Trees of the Southeastern United States  Wilbur H. Duncan & Marion B. Duncan
Wild Roots: A Forager’s Guide to the Edible and Medicinal Roots, Tubers, Corms and Rhizomes of North America  Doug Elliot
Wildflowers of North Carolina: Also Covering Virginia, South Carolina, and Areas of Georgia, Tennessee, Kentucky, West Virginia, Maryland and Delaware  William S. Justice & C. Ritchie Bell
Wildflowers of the Southern Appalachians  Richard M. Smith
Wildflowers of Tennessee  Jack B. Carman
Wildflowers of Tennessee, the Ohio Valley and the Southern Appalachians  Horn, Cathcart, Hemmerly, and Duhl

Uses of Native/Regional Plants as Medicine and Food
Billy Joe Tatum’s Wildfoods Field Guide and Cookbook  Billy Joe Tatum
Edible Wild Plants: A North American Field Guide to Over 200 Natural Foods  Thomas Elias & Peter A. Dykeman
Encyclopedia of Edible Plants of North America: Nature’s Green Feast  Frances Couplan
How Indians Use Wild Plants for Food, Medicine and Crafts  Frances Densmore
Native American Ethnobotany  Daniel E. Moerman (also available as a searchable database at http://herb.umd.umich.edu/)
Stalking the Healthful Herbs  Euell Gibbons
Stalking the Wild Asparagus  Euell Gibbons
Tommie Bass: Herb Doctor of Shinbone Ridge  Darryl Patton
Mushroom Field Guides

* A Field Guide to Southern Mushrooms  Nancy Weber Smith & Alexander Smith
* Edible Wild Mushrooms of North America: A Field to Kitchen Guide  David W. Fischer & Alan E. Bessette
* Mushrooming Without Fear: The Beginners Guide to Collecting Safe and Delicious Mushrooms  Alexander Schwab
* Mushrooms Demystified  David Arora
* Taming the Wild Mushroom: A Culinary Guide to Market Foraging  Arleen Rainis Bessette & Alan E. Bessette

Mushrooms as Medicine

* Growing Gourmet and Medicinal Mushrooms  Paul Stamets
* Mushroom Essences: Vibrational Healing from the Kingdom Fungi  Robert Rogers
* Mycelium Running: How Mushrooms can Help Save the World  Paul Stamets