



## Permaculture Plants

(With contributions from Natalie Bogwalker & Cailen Campbell)

*Definition: Plants that provide a relatively high output, providing multiple functions and elements, while requiring relatively few inputs. They consider the ecology of the surrounding area and serve beyond the human world.*

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The list of useful and important plants in the world is incredibly long. Not all of those plants made it onto this list, so that we could go into more detail with some that we more commonly include in our cultivated landscapes. Some of the plants not included are plants that we harvest regularly from the forest but don't tend to plant. We'd like to tip our hats to some of these valiant and helpful friends: Tulip Poplar, White Oak, Hickory, White Pine, Beech, Black Locust, Redbud, Black Walnut, Sugar Maple, Hemlock, Hawthorn, Jujube, Medlar, Quince, Spicebush, Spikenard, Perennial Leeks, Spiderwort, Smilax, and many more dear friends!

### **Nut Trees/Bushes**

Hazelnut  
Chestnut  
Red Oak

White Oak- Burr  
Black walnut  
Sassafras

### **Trees for Forage and Giant Grasses**

Paulownia  
Bamboo  
Basswood

Honey Locust  
Black Locust

### **Fruiting Trees**

Juneberry/service berry  
Apple, Disease-Resistant  
Mulberry

Persimmon, American  
Paw Paw  
Cherry, black gold

### **Vines, Brambles and Fruiting Bushes**

Wineberry  
Thornless Blackberry  
Black Raspberry  
Gooseberry  
Currant  
Passionflower vine

Blueberry  
Elderberry  
Autumn Olive  
Bush Cherry  
Goumi  
Honey berry

Hardy kiwi vine  
Muscadine grape vine

Aronia- Choke berry

### **Herbaceous Perennials (mostly perennial)**

Ramps  
Chives  
Creeping thyme  
Day Lily  
Sochan  
Echinacea  
Ox-Eye Daisy  
White Clover  
Sweet Clover  
Nettles (Stinging Nettle and Wood Nettle)  
Pigweed/amaranth  
Horsetail  
Cattail  
Comfrey  
Strawberry- alpine, others

Amorpha (False Indigo)  
Thermopsis (Buckbean/False Lupine)  
Sun Choke  
Milkweed  
Bee Balm  
Horseradish  
Lovage  
Watercress  
Bunching, or Egyptian, onions  
Daylilies  
Jerusalem Artichoke  
Sorrel, lemon  
Lemon balm

### **Annuals**

Lambs Quarters  
Chickweed  
Giant Ragweed  
Austrian Winter Pea  
Oats  
Cowpeas  
Corn

Sweet Potato  
Buckwheat  
Spilanthes  
Hibiscus, roselle  
Tulsi, holy basil  
Daikon/tillage radish

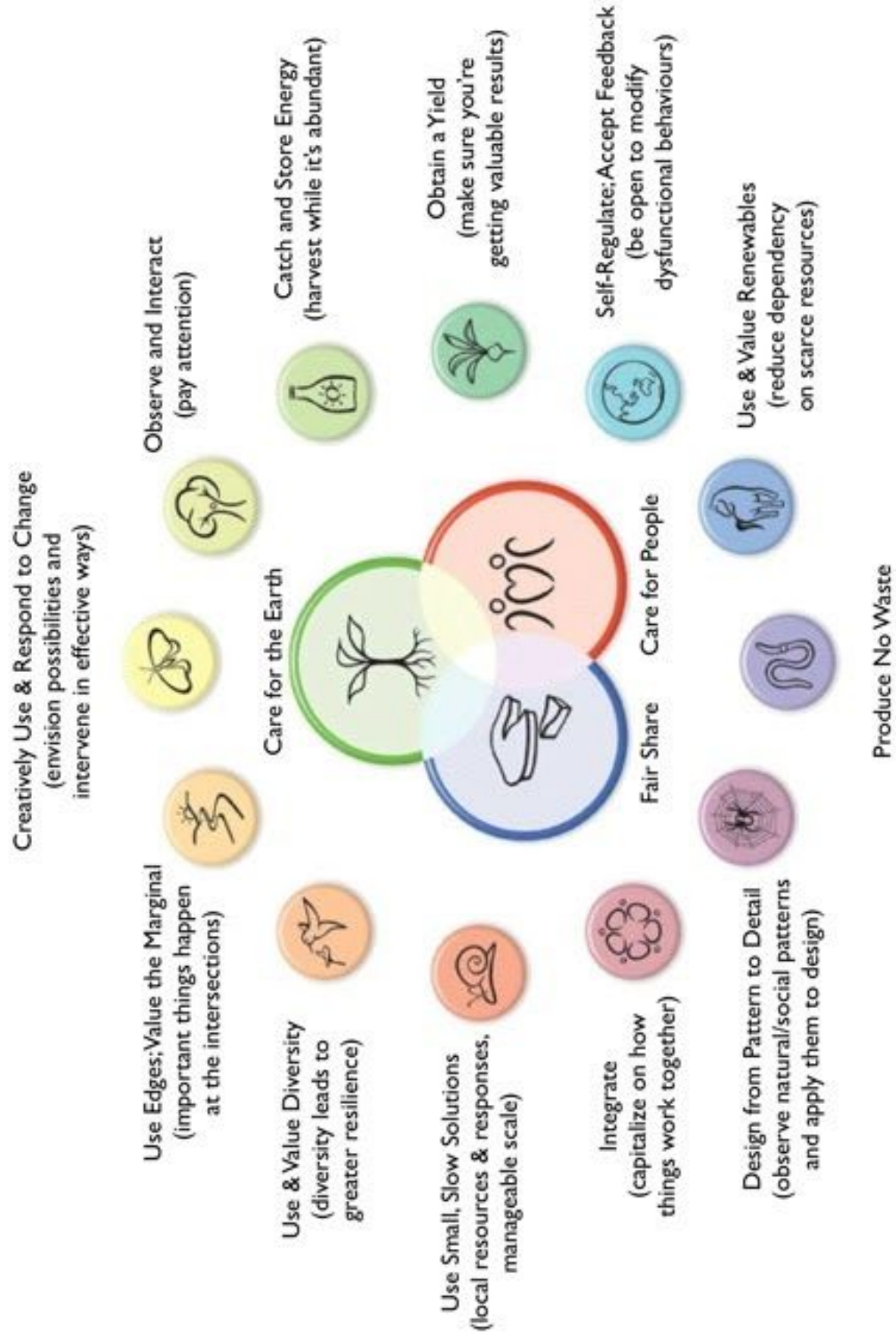
## **Want More?**

YummyYards joins **Wild Abundance** to offer two **Permaculture Design Certification Courses**, led by Natalie Bogwalker and Laura Ruby, along with a talented crew of other fabulous folks, including Ben Falk, Laura Lengnick, Luke Cannon, Doug Elliott, Eric Toensmeier, Frank Salzano, Becky Beyer, Osker Brown, Cailen Campbell, Chloe Lieberman, and more:

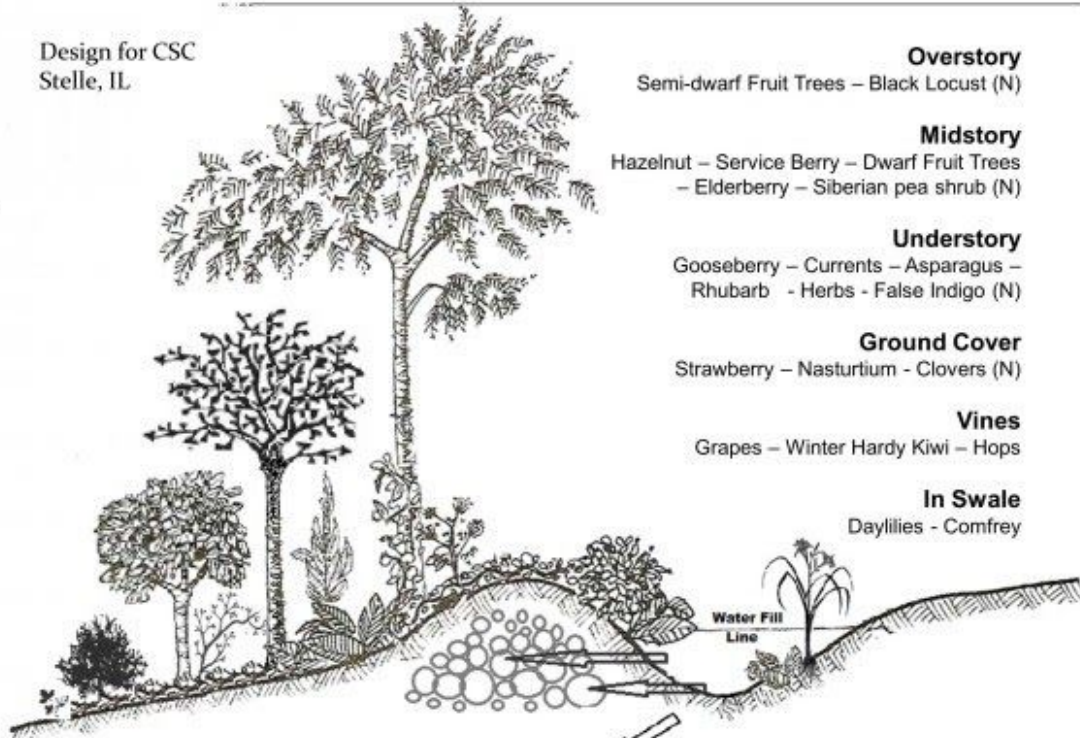
1. **Permaculture Design Certification:** A 12-day Permaculture intensive in September
2. **Earthskills and Permaculture Immersion:** A series of one 3-day weekend each month, April through November. The Immersion includes a Wild Foods Backpacking Trip, Natural Building, Kudzu and Willow Baskets, Friction Fire, and a slew of other land and Earth-based skills)

Learn more about these courses, and other, at [WildAbundance.net](http://WildAbundance.net)

# Permaculture Ethics & Principles



Design for CSC  
Stelle, IL



**Overstory**

Semi-dwarf Fruit Trees – Black Locust (N)

**Midstory**

Hazelnut – Service Berry – Dwarf Fruit Trees –  
Elderberry – Siberian pea shrub (N)

**Understory**

Gooseberry – Currents – Asparagus –  
Rhubarb – Herbs – False Indigo (N)

**Ground Cover**

Strawberry – Nasturtium – Clovers (N)

**Vines**

Grapes – Winter Hardy Kiwi – Hops

**In Swale**

Daylilies – Comfrey

**Hugelkultured Swale & Linear Food Forest**

Perennial trees and plants located along the entire downhill side of the hugelkultured swales

Based on an illustration from *Introduction to Permaculture* by Bill Mollison

Modified by Bill Wilson of Midwest Permaculture

Design for CSC Stelle, IL

**Overstory Semi-dwarf Fruit Trees - Black Locust (N)**

Midstory Hazelnut - Service Berry-Dwarf Fruit Trees

- Elderberry - Siberian pea shrub (N)

**Understory Gooseberry - Currents - Asparagus -**

Rhubarb - Herbs - False Indigo (N)

Ground Cover Strawberry - Nasturtium - Clovers (N)

Vines Grapes - Winter Hardy Kiwi – Hops

In Swale Daylilies - Comfrey

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Hugelkultured Swale & Linear Food Forest Perennial trees and plants located along the entire downhill side of the hugelkultured swales Based on an illustration from *Introduction to Permaculture* by Bill Mollison Modified by Bill Wilson of Midwest Permaculture



**Book list compiled by YummyYards with contributions from Wild Abundance.**



**For more information, please visit [YummyYards.com](http://YummyYards.com) or contact us here:**

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### **Permaculture**

[Bill Mollison's Permaculture: A Designer's Manual](#) by Bill Mollison

[Permaculture Handbook](#) by Peter Bane

[Gaia's Garden](#) by Toby Hemenway

[Sepp Holzer's Permaculture: A Practical Guide to Small-Scale, Integrative Farming and Gardening](#) by Sepp Holzer

[The Resilient Farm and Homestead: An Innovative Permaculture and Whole Systems Design Approach](#) by Ben Falk

[One Straw Revolution](#) by Masanobu Fukuoka

[A Pattern Language](#) by Christopher Alexander

[Restoration Agriculture](#) by Mark Shepard

### **Social Permaculture, Social Justice**

[Change Here Now](#) by Adam Brock

[Farming While Black](#) by Leah Penniman

[White Fragility](#) by Robin DiAngelo

[1491](#) by Charles Mann

[The Fifth Sacred Thing](#) by Starhawk

### **Raising Animals**

[Small-Scale Livestock Farming: A Grass-Based Approach for Health, Sustainability, and Profit](#)  
by Carol Ekarius

[Storey's Guide to Raising Chickens](#) by Gail Damerow (really any of the Storey's Guide to Raising...fill in the animal)

[Chicken Tractors](#) by Andy Lee

### **Building (courtesy of Wild Abundance)**

[Building Green](#) by Clarke Snell and Tim Callahan

[The Barefoot Architect: A Handbook for Green Building](#) by Johan van Lengen

[Alternative House Building](#) by Mike McClintock

**Gardening:**

[Four-Season Harvest](#) by Eliot Coleman

[Growing More Vegetables Than You Could Ever Imagine in Less Space Than You Thought Possible](#) by John Jeavons

[The Resilient Gardener](#) by Carol Deppe

[Seed to Seed](#) by Suzanne Ashworth

[The Holistic Orchard](#) by Michael Phillips

[Teaming with Microbes](#) by Jeff Lowenfels & Wayne Lewis

**Tools and Such (courtesy of Wild Abundance)**

[Seasons of America's Past](#) by Eric Sloane

[Knife Maintenance and Sharpening](#) by Chad Ward

[The Ax Book: The Lore and Science of the Woodcutter](#) by Dudley Cook

[Encyclopedia of Country Living](#) by Carla Emery

[The Forager's Harvest](#) by Samuel Thayer

**Children's Resources**

[Last Child in the Woods](#) by Richard Louv

[A Kids Herb Book](#) by Lesley Tierra

[Roots Shoots Buckets & Boots](#) by Sharon Lovejoy

[Project Wild k-12 Curriculum & Activity Guide](#) by Project Wild

[Keepers of Life](#) by Michael Caduto & Joseph Bruchac

Project Based Learning (PBL)- various articles/videos by various authors

**Primitive Skills (Courtesy of Wild Abundance)**

[Primitive Living, Self Sufficiency, and Survival Skills](#) by Thomas J. Elpel

[Wildwood Wisdom](#) by Ellsworth Jaeger

[Buckskin: The Ancient Art of Braintanning](#) by Steven Edholm and Tamara Wilder