

**Organic Growers Conference • March 7-9, 2020 • Asheville, NC**

**Medicinal Mushrooms  
M.D.**

**Cornelia Cho,**

**Web Resources:**

**CLUBS:**

**MCG • Mushroom Club of Georgia: <[www.gamushroomclub.org](http://www.gamushroomclub.org)>**

**AMC • Asheville Mushroom Club: <[www.ashevilmushroomclub.org](http://www.ashevilmushroomclub.org)>**

**SCUMS • South Carolina Upstate Mycological Society**

**<[www.scumsonline.com](http://www.scumsonline.com)>**

**NAMA • North American Mycological Association: <[www.namyco.org](http://www.namyco.org)>**

**SUPPLIERS & CULTIVATORS:**

**Field & Forest: <[www.fieldforest.net](http://www.fieldforest.net)> Joe Krawczyk & Mary Ellen Kozak:  
Live Lion's mane and Reishi mushrooms grown on millet, cultivation  
supplies**

**Mushroom Revival: <[www.mushroom-revival.com](http://www.mushroom-revival.com)> Alex Dorr Organic US  
Grown *Cordyceps militaris* and more**

**Fungi for the People: <[www.fungiforthepeople.org](http://www.fungiforthepeople.org)> Ja Schindler:  
cultivation & mycoremediation**

**Mushroom Mountain: <[www.mushroommountain.com](http://www.mushroommountain.com)> Tradd & Olga  
Cotter: cultivation, mushroom tinctures, mushroom spawn**

**OM mushroom powders: <[www.ommushrooms.com](http://www.ommushrooms.com)> Steve Farrar**

**Fungi Perfecti & Host Defense: <[www.fungi.com](http://www.fungi.com)> Paul Stamets**

**Aloha Medicinals: [www.alohamedicinals.com](http://www.alohamedicinals.com) • Immune Assist Critical Care  
Formula**

**BOOKS:**

**How to Change Your Mind: What the New Science of Psychedelics Teaches  
Us About Consciousness, Dying, Addiction, Depression, and  
Transcendence Penguin Press Michael Pollan • ISBN-10: 1594204225  
ISBN-13: 978-1594204227**

## **Organic Growers Conference • March 7-9, 2020 • Asheville, NC**

**Organic Mushroom Farming and Mycoremediation: Simple to Advanced and Experimental Techniques for Indoor and Outdoor Cultivation: Chelsea Green Publishing Tradd Cotter ISBN-10: 1603584552 ISBN-13: 978-1603584555**

**The Essential Guide to Cultivating Mushrooms: Simple and Advanced Techniques for Growing Shiitake, Oyster, Lion's Mane, and Maitake Mushrooms at Home Stephen Russell Storey Publishing. 2014 Paperback, 232 pages  
www.storey.com | 413.346.2100 [www.storey.com](http://www.storey.com) ISBN 978-1-61212-146-8**

**The Fungal Pharmacy: The Complete Guide to Medicinal Mushrooms and Lichens of North America North Atlantic Books Robert Rogers  
ISBN-10: 1556439539 ISBN-13: 978-1556439537**

**MycoMedicinals: An Informational Treatise on Mushrooms Mycomedia Paul Stamets and Dusty Yao ISBN-10: 0963797190 ISBN-13: 978-0963797193**

**Radical Mycology: A Treatise On Seeing And Working With Fungi Chthaeus Press Peter McCoy •SBN-10: 0986399604 • ISBN-13: 978-0986399602**

**Mushrooms of the Southeast Timber Press Todd F. Elliott & Steven L. Stephenson ISBN 10: 160469730X ISBN 13: 97816046973**

**A Field Guide to Mushrooms of the Carolinas The University of North Carolina Press Alan Bessette; Arleen R Bessette; Michael Hopping ISBN: 978-1-4696-3853-9**

**Mushrooms of West Virginia and the Central Appalachians The University Press of Kentucky William C. Roody - ASIN: B008UZ1G96**

**Appalachian Mushrooms: A Field Guide: Walter E. Sturgeon Ohio University Press ISBN: 9780821446393**

### **OTHERS:**

**Foraging mushrooms and plants: <[www.learnyourland.com](http://www.learnyourland.com)> Adam Haritan**

**William Padilla-Brown: <[www.mycoshop.net](http://www.mycoshop.net)> grow your own *Cordyceps militaris***