See it, Learn it, Do it at the True Nature Country Fair

THIS WEEKEND!
Saturday October 8
Highland Lake Cove just 25 miles South of Asheville

Over 40 sessions!!
• See Farm Animals
• Learn from Experts
• Guided Nature Walks
• One Bowl Local Dinner
• Old Time Music Contest
• Contra Dance
• SPROUTS: Children's Program

Buy your tickets online at www.organicgrowersschool.org and receive a free kids pass. Preregister for workshops with limited attendance.

Directions and session descriptions click on www.organicgrowersschool.org

Late Breaking News! Local Food Trucks will be at the Fair!

All About Animals

These animal displays and demonstrations were confirmed at press time. Check out the schedules posted around the fairgrounds for the complete list.

The students from the Lake House Academy will be working with local farmers to present live animal show-and-tell. Their guests will include goats, cattle, chickens and pigs.

Miranda Norlin of Two Creeks Goats farm will do a training
demonstration with the goats that live at Highland Lake Cove. She will also talk about basic goat care and anything else caprine you are interested in! **There will be goat cart rides!**

**Tom Fischer**, of Forest Garden Farm, will be doing demonstrations throughout the day with his **working dogs** and **sheep**.

**Nick Nichols** of Highlander Farm will be putting his **working dogs** through their paces **herding ducks**.

**Wells Shealy** of Three Arrows Cattle Company will be hanging out with some of his young **black angus steers**. Join **Andy Bennett**, **Clifford Cox**, and their equine friends for a demonstration of **low impact horse logging**. See for yourself why modern horse logging is the ultimate tool for sustainable forest management. Clifford and Andy have over 50 years combined experience logging with horses!

Thanks to **Foothills Family Farms** for the **chicken** display.

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**One Bowl**: a **local foods dinner**

A local foods dinner featuring fresh, local foods from area sustainable farms

**MENU**

- **Buchi** (Kombucha health beverage)
- **Appetizers**
- **Blue Ridge Bison Stew**
- **Sweet Corn Chowder (vegan)**
- **‘Wild Side’ Salad**
- **Locally Baked Artisan Breads**
- **Dessert provided by the French Broad Chocolate Lounge**

$25 adult/$7 kids under 12 years old, includes a locally made bowl for your soup or stew, **which is yours to keep**.

Seating is limited. Please make your reservations or buy your tickets online at [www.organicgrowersschool.org](http://www.organicgrowersschool.org) or by contacting Karen at 828.342.1849 or earthstarnc@earthlink.net

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**Old Time Music Contest**

The competition is open to everyone and categories include **Junior Banjo and Fiddle**, **Senior Banjo and Fiddle**, and **Old Time Bands**. There will be prizes in each category,
followed by a concert by the winners after the final judging.

$100 prize to first place winners in:
  • Junior Fiddle
  • Junior Banjo
  • Senior Fiddle
  • Senior Banjo

$300 prize to first place winners in:
  • Junior Old Time Band
  • Senior Old Time Band

Stick around after the Music Contest for all the music and dancing afterwards! Charlotte Crittenden will call a **Contra Dance** with Joe Hallock and the Flat Creek Boys. And don't miss the True Nature Fair headline act, **The Honeycutters** with their unique brand of Americana that WNCW's Martin Anderson calls "recklessly beautiful."

For details, go to [organicgrowersschool.org](http://organicgrowersschool.org) or contact Joe Hallock at 828.242.6247 or joe@organicgrowersschool.org. Check out the Facebook page at [www.facebook.com/truenaturecountryfair](http://www.facebook.com/truenaturecountryfair)

**SPROUTS: Children's Program**

Your children can have a great time at the True Nature Country Fair learning all about the world that surrounds them! Below are the sessions offered, but for descriptions and class times, please click on the link [www.organicgrowersschool.org](http://www.organicgrowersschool.org).

- Make Your Own Nature Journal
- Explore the World of Seeds
- All About Bees and Such
- Solar Quest ~ Exploration of Energy for Kids & Adults Alike
- Herb Walk and Salve Making
- Raised Bed Gardening for Children
Silent Auction

This year’s Silent Auction will showcase a great selection of new and gently used items as well as services offered, all contributed by our community. All items and listings of services will be on display and available for your bids at The Country Store. We want to thank all of the donors who participated in this year’s auction. There are too many to list, but we are grateful for their generosity and the auction would not be possible without their support.

*The auction benefits the experiential education component of the fair, in particular our Sprouts program, which we offer to children for the price of admission. Please be generous with your bids!*

For details click on [www.organicgrowersschool.org](http://www.organicgrowersschool.org)