Making Milk Soap

Cyndi Ball

Lazy B Farm – owner
Thelazybfarm.com

National Ladies Homestead Gathering – Founder and President
Ladieshomesteadgathering.org

Statham, GA
Milk Soap

Milk Soap vs Regular Soap

Cold Process vs Hot Process

Different types of “milks”

Farm milk

Commercial milk

Cream

Fermented milk

Evaporated milk
Powdered milk

Plant milks

**Fats:**
- Solid
- Liquid

Animal Fats:
- Tallow
- Lard

Common Oils:
- Shea butter
- Coconut oil
- Olive oil
- Sunflower Oil
- Grapeseed Oil
- Almond Oil
  *infusion

**Lye** – sodium hydroxide
Flake
Bead

**Water** – distilled

Rain water

**Additives:**

Essential Oils

Fragrance Oils

Colorant

Food products

The **“How-To” of making milk soap:**

**Equipment**

Removal and Testing the pH

**Cutting**

Curing
Resource: Milk Soapmaking by Anne L. Watson
What do you think??

Soap #1

Soap #2

Soap #3
Soap #4

Soap #5