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# Organic Growers School



Providing Organic Education Since 1993

## Countdown to the Harvest Conference!

2nd Annual  
**HARVEST CONFERENCE**  
*Savor the abundance*  
Saturday, September 12th  
Pre Conference Workshops  
September 11th  
at AB Tech Asheville Campus  
Presented by  
**Organic Growers School**  
[www.organicgrowersschool.org](http://www.organicgrowersschool.org)

The Harvest Conference is  
**SEPTEMBER 12TH**  
AT AB Tech's Main Campus  
Downtown Asheville, NC

[REGISTER HERE!](#)

Topics include:  
fall growing season, fermentation,  
preservation, home cooking, self-  
reliance, homesteading, and  
medicinal herbs....  
All organically of course!

Pre-Conference Workshops					
September 11th 9am - 4pm (at AB Tech Asheville Campus)					
9:00am	9:00am - 10:30am	10:30am - 12:00pm	12:00pm - 1:00pm	1:00pm - 2:30pm	2:30pm - 4:00pm
Registration	Introduction to Organic Gardening	Seed Saving & Storage	Soil Health & Fertilization	Food Preservation	Homestead Planning
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[REGISTER HERE!](#)

| PRE CONFERENCE WORKSHOPS | FRIDAY, SEPTEMBER 11TH |



### LINDSAY WILSON | Restoring Digestive Health |

10 am- 4 pm at Warren Wilson College

Join herbalist, foodie, naturalist, and traditional food ways maven, Lindsay Wilson, to explore ways to heal the gut and take charge of your digestion. This day-long workshop is the perfect tonic for the modern-world-weary stomach. Come and learn how to nourish yourself with: herbs, foods, and ferments.

### TRADD COTTER | Myco Magic: Mushrooms for Food, Medicine, and Remediation |

9 am - 5 pm at Warren Wilson College

This all-encompassing, full-day workshop covers growing, medicine, and remediation. Whether you have a rooftop, patio, yard, or farm, these techniques of cultivation, medicine making, and remediation can be used. We'll explore successful strategies that can be customized to your situation.



### MARC WILLIAMS | A Wild Food Forage |

9 am- 1 pm at Warren Wilson College

Join Marc Williams, ethnobiologist, for a wild walk adventure where you will meet, taste, and learn stories about the plethora of wild foods in our region. You will never look at the forest, meadow, or roadside the same way again. Ethnobiology is the study of where people, plants, culture, and food intersect and Western NC is a rich landscape of botanical, fungal, and microbial friends that can be used for food, beauty, medicine, and more.

### WILL HOOKER | Building with Bamboo |

2 pm- 5 pm at Warren Wilson College

Join Will Hooker, who has been building with bamboo for more than 25 years, including ephemeral bamboo sculptures, around the state and around the world. View a powerpoint of possibilities, discuss demonstrations of tools and techniques, and then create your own. Thanks to innovative designs and techniques including joinery, preservation, and tools, building with bamboo is quickly becoming a viable and exciting "modern" building option.



### CEARA FOLEY | Healing from the Hive |

2 pm- 5 pm, Appalachia School of Holistic Herbalism

Recent studies verify the potency of these hive products and compliance is always higher with honey! .From the ancient Chinese art of making herbal honey pills, to the modern day resurgence of metheglin (herbal honey wine), create and sample remedies people would fake an ailment to receive. Find out how to utilize these healing agents as well as what you can do to reciprocate and support the health of the honeybee.

### JON CHRISTIE | Basic Beekeeping & Beyond |

9 am-1 pm, Appalachia School of Holistic Herbalism

Learn the basics of equipment, terminology, cost and set up for a backyard apiary. You will get an overview of month by month hive



management from starting out your new colony in the spring to preparing them for their best chances of winter survival all specifically geared for our mountain region. We will also discuss feeding, swarming, and organic management of pest and disease issues. Prepare for your spring hive over the winter.



[REGISTER NOW!](#)

This Event Would Not Be Possible Without Our Sponsors!





Living With Farms



[www.organicgrowersschool.org](http://www.organicgrowersschool.org)

Organic Growers School • PO Box 17804 • Asheville, NC 28816

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