



Supporting Sustainable Agriculture  
in the Southern Appalachians through  
Educational Programs and Outreach



...e-news

## Join us Next Weekend!

TNCF info

### **Want to Volunteer?**

Work a four hour shift and get a Tshirt, Fair admission, meal pass, and class pass.

Help is needed in parking, at the gates, moderating classes, in the Children's Program, and at the Country Store

Contact Meredith McKissick at [meredith@organicgrowersschool.org](mailto:meredith@organicgrowersschool.org) to sign up today!

### **Need a Ride or Have Space in Your Car?**

Contact Jim Barton at [jzbaron@gmail.com](mailto:jzbaron@gmail.com)

**True Nature Children's Program**



**On Friday, September 26, Please join us for two special guests:**

**At 2:00PM, JaneAnn Tager will offer a 45 minute session of Pretzel Kids Yoga**

Jane Anne Tager, a mother of three, has been practicing yoga at AYC for over a decade. Now she not only rewards herself through her own practice, but also by teaching Pretzel Kids Yoga Classes. Teaching yoga to kids offers them strength, balance, flexibility, and a heightened awareness that benefits them far beyond their yoga mats. It also offers them some much needed down time, and time to just sit with themselves. Better yet, it is just plain fun.

jayogamom@verizon.net

**At 4:00 PM, Eliza Rosbach will share her favorite children's music, and maybe even lead a sing-a-long.**

Inspired by folk, friends, and friendly folks, Eliza Rosbach has been writing songs since childhood. Since moving to Asheville 6 years ago she can hardly put down her guitar and banjo. Her music is quirky, sweet, thoughtful, and playful. Eliza has recently been given the title of "best singer in the world" by her eight year old niece, Zoe. She is doing her best to live up to it. elizarosbach@gmail.com

**All three days of the Fair, Dylan and Lisa Corina Watersnake and other volunteers will lead or assist children with crafts, focusing on projects that use natural materials. We will also create a life-sized peace banner, keep the bubbles blowing, have a veggie petting zoo, and play in the pond on inflatable kayaks. Ashley Rochester will be offering face painting.**

**Don't miss out on the fun!!!**

## **2008 Farmer Education Series: Upcoming Events**

Announcing the 2008 Farmer Education Series October Workshop

### **Tomato Grafting**

*with Tom Elmore, Thatchmore Farm, and Jeanine Davis & Susan Colucci, NC Cooperative Extension*

Monday, October 27 3-5 PM

Reems Creek Valley Nursery

Grafting tomatoes and other vegetables with resistant rootstock provides disease management and may increase yields. Learn from a local farmer and regional extension specialists the techniques that they use, get some hands-on practice, and discuss production strategies. Growers currently using grafting in the production of vegetables have reported more vigorous plants, larger fruits, and higher yields. Benefits appear to be greatest for growers with soil systems, organic practices, and soils repeatedly used for growing one crop in greenhouses and high tunnels.

\$20 per person, Educational Materials Provided

To register, contact Meredith McKissick at [meredith@organicgrowersschool.org](mailto:meredith@organicgrowersschool.org) or  
828.450.2026

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It's still not too late to sign up for our September Workshop  
**Chemical Free Weed Control Methods**  
**AN ON-FARM DEMONSTRATION**

Saturday, September 27, 2008 from 3-5 PM

Jafasa Farm

*(JUST 5 MINUTES FROM THE TRUE NATURE COUNTRY FAIR!)*

Looking for efficient, organic solutions to your weed problems? Rocco and Mike of Jafasa Farm will show you the results they have had using flame weeding and shallow cultivation for stale bedding and weed control in direct sown vegetable crops. Timing, tools, safety, and technique will be discussed. Other methods of weed control with minimal soil disturbance will also be presented.

\$20 per person, Educational Materials Provided

To register, Contact Meredith McKissick at [meredith@organicgrowersschool.org](mailto:meredith@organicgrowersschool.org) or  
828.450.2026

## SAVE THE DATE!

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The 16th Annual  
Organic Growers School Spring Conference  
is

MARCH 21-22, 2009  
NOW A TWO-DAY EVENT!

A Weekend of Workshops for Beginning Gardeners to Advanced Commercial Growers  
at Blue Ridge Community College  
Flat Rock, NC

Look for details after the New Year at [www.organicgrowersschool.org](http://www.organicgrowersschool.org)

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