



Making Milk Soap

Cyndi Ball

Lazy B Farm – owner
Thelazybfarm.com

National Ladies Homestead Gathering – Founder
and President
Ladieshomesteadgathering.org

Statham, GA

Milk Soap

Milk Soap vs Regular Soap

Cold Process vs Hot Process

Different types of “milks”

Farm milk

Commercial milk

Cream

Fermented milk

Evaporated milk

Powdered milk

Plant milks

Fats:

Solid

Liquid

Animal Fats:

Tallow

Lard

Common Oils:

Shea butter

Coconut oil

Olive oil

Sunflower Oil

Grapeseed Oil

Almond Oil

*infusion

Lye – sodium hydroxide

Flake

Bead

Water – distilled

Rain water

Additives:

Essential Oils

Fragrance Oils

Colorant

Food products

The “How-To” of making milk soap:

Equipment

Removal and Testing the pH

Cutting

Curing

Packaging

Resource: Milk Soapmaking by Anne L. Watson
What do you think??

Soap #1

Soap #2

Soap #3

Soap #4

Soap #5